

## ***FAKE SMILE***

Once upon a time, there was a little girl that nobody knew what was wrong with her. This was on the 1586 and they didn't know about mental health problems like depression, anxiety...

The little girl's name was Lily. She was in the hospital, trying to find out what was wrong with her, but one day she decided to sneak out; she was tired of that kind of life. She went to ask for help from a witch who lived in a house on her street. That witch told her that the only thing that she could do was pretend to be alright until everything got better.

Two months passed by, and Lily wasn't feeling any better, it was getting worse but the witch that had told her to pretend was no longer around, she was missing and Lily didn't know what to do. She cried every night until she could fall asleep. Her life was a mess. One day, when she was alone in her house because her parents were shopping, she had an anxiety attack and decided that she couldn't live like that anymore. She hated being pretending all the time and she wasn't able to manage that anxiety alone, so finally she took her own life...

And this could be one of many reasons why, just because someone is smiling, it doesn't mean that they are truly happy or not in a bad situation.

***The end***